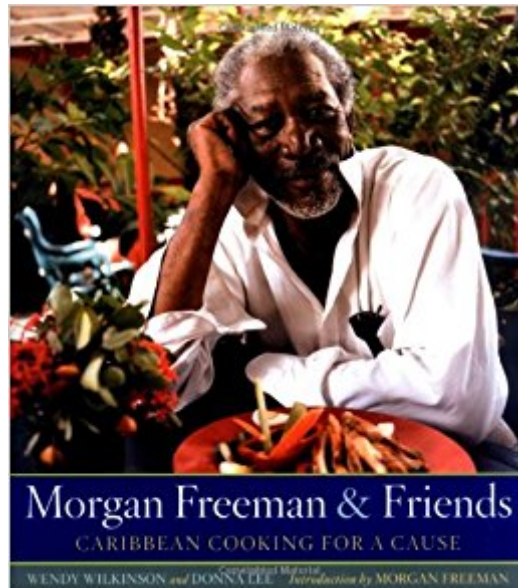




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# **Morgan Freeman And Friends: Caribbean Cooking For A Cause**



## Synopsis

Academy Award®-winning actor Morgan Freeman and a star-studded group of celebrities contribute exotic recipes and personal island tales in a splendid cookbook created to help rebuild the hurricane-devastated island of Grenada. In September 2004, Hurricane Ivan ravaged the small Caribbean island of Grenada, destroying homes and changing lives forever. Longtime island-lover Morgan Freeman established the Grenada Relief Fund in 2005. Now comes this beautiful cookbook, bringing together a bevy of celebrities to benefit this island in need. This star-studded cookbook features: • more than 15 celebrities • including Michael Douglas, Kenny Chesney, Katie Couric, Tom Hanks, Hilary Swank, and Alicia Keys • appearing in gorgeous full-color photographs, sharing their favorite Caribbean recipes, and telling heartwarming stories of what the islands mean to them • dozens of delicious recipes, such as Grilled Swordfish Steak with Lemon Caperberry Butter from Morgan Freeman, and Kenny Chesney's favorite Key Lime Pie with photographs of Mr. Chesney baking it himself in the kitchen of his home on St. John • renowned chefs from Caribbean hideaways of the stars and top-rated resorts, revealing some of their most coveted Caribbean recipes Morgan Freeman is donating all of his proceeds to the Grenada Relief Fund

## Book Information

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## Customer Reviews

To raise money in support of the Grenada Relief Fund for victims of 2004's Hurricane Ivan, Morgan Freeman has solicited a bevy of Hollywood celebrities to adorn this compilation of Caribbean recipes with their familiar images. Alfre Woodard admires Mustique. Tom Hanks lauds St. Barth's. Tim Robbins recalls good times in St. Croix. Katie Couric shares her vacation in Anguilla. Ben Vereen revels in Jamaica. From these island resorts, local restaurateurs share recipes they serve

their guests. Befitting these beachy locales, recipes feature seafood and tropical produce. Fruit soups, composed salads, lobster with herbed butter, and chocolate shells filled with coconut ice cream well define the product of laid-back resort kitchens. Such sophisticated examples of contemporary cuisine contrast with more traditional dishes such as ackee with salt fish, jerk chicken, and peas and rice. Color photographs throughout show off both the food and the photogenic celebrities. Mark Knoblauch

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MORGAN FREEMAN is one of the most respected actors of his generation. He has won numerous awards, including a Golden Globe® for *Driving Miss Daisy* and an Academy Award® for *Million Dollar Baby*. When not sailing in the Caribbean, he lives in Mississippi. WENDY WILKINSON coauthored the New York Times bestseller *People We Know, Horses They Love*. A public relations specialist for nearly 20 years, she has represented the likes of Billy Crystal and Robin Williams. She divides her time between Colorado and the Bahamas. DONNA LEE is a freelance writer, the owner of Selahmedia and co-owner of PublicityBox PR and Marketing, which represents the licensing estates of Ernest Hemingway, Gary Cooper, and other classic Hollywood film stars. She lives in Los Angeles.

This book is a secret gem. It is also unique. My husband first came upon it in our local library and before too long we acquired our own copy. Although it is a book of recipes, each chapter is devoted to a guest star (Tom Hanks, Kevin Bacon, Michael Douglas and many others) with accounts of their personal connection with certain Caribbean Islands combined with recipes from local restaurants and hotels. Some of the recipes are simple with only a few ingredients whilst others are a lot more elaborate, however all of them are colourful, vibrant and delicious. I love Caribbean food and have always thought how such a shame it is that it doesn't get more publicity outside the Caribbean. From the book, I particularly recommend the Fish Cakes, the Jerk Chicken and the Red Snapper. The recipes work and they are all accompanied by wonderful colour photographs, which I have always considered essential in cookery books - it is so important to be able to see the dish you are trying to replicate. Above all this, Morgan Freeman donates all his proceeds from the book to the Grenada relief fund - so its all done for a great cause. I can't recommend this book enough.

First, I must thank Mr. Freeman for helping my country in our time of need. Hurricane Ivan totally devastated our island Grenada. I chose this cookbook to support the cause, as well as because of the elaborate diversity of the menus featured. The ingredients are not difficult to obtain and the

cooking procedures are not complex. The celebrities that contributed their favorite foods from the surrounding islands and beyond allowed for great and interesting cooking. I have recommended this book to my family and friends all are quite pleased.

As a Charter Captain and sailing instructor, I also do the cooking occasionally, hence the name "Captain Cook" We purchased a copy of this book some time ago, and are giving some as gifts to special people we meet. The recipes are special, and probably closely guarded secrets of Island chefs. For a taste of the Caribbean without going there, this is a book that shouldn't be missed. A worthwhile cause from one of our special people. Captains Pat & Mike[[ASIN:1594864241 Morgan Freeman and Friends: Caribbean Cooking for a Cause]]

The Bermuda Bouillabaisse is amazing!! Secret ingredient is V8!!

This book was compiled by Morgan Freeman and Friends to raise funds for the Grenada relief effort after Hurricane Ivan in 2004. Being a native of Grenada, I still feel obliged to support this cause. The book is full of good history and great Grenadian cooking which I will like to keep close to my stomach. A must buy!!

Just came back from Jamaica and stayed at Monzone where Ben Vereen stayed in this book....the chef Chris food was just as delicious now as Ben Vereen described in the book...I LOVE ALL OF THE DIFFERENT RECIPES THAT ARE IN THE BOOK..it is like a taste of travel without leaving the house.....tried a few recipes and OMG they are delicious

Excellent book. Bought this for a gift for my sister.

My husband and I both love Morgan Freeman, we sail and my husband is a great cook! So when I was making my Christmas list this cookbook seemed like the ideal gift. And he loves it. He reads it at night like a novel. The recipes are fabulous and the pictures are great! Makes us want to provision the galley of the boat and take off for parts unknown. With this book of course.

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